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1

Dr. Virginia M. Melmed

**727-443-7353**  
 1243 LAKEVIEW RD CLEARWATER, FL 33756

# JANUARY•2026

# Down Yonder

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 10AM Chair Yoga at the Manor House	3 10AM Coffee and Donuts
				New Year's Day		
4	5 6:30PM Knitting, Crochet, Needle Work, etc	6	7 12:30PM Bowling	8	9 10AM Chair Yoga at the Manor House	10
		Epiphany				
11	12 6:30PM Knitting, Crochet, Needle Work, etc	13 7PM HOA Meeting	14 12:30PM Bowling	15	16 10AM Chair Yoga at the Manor House	17
18	19 6:30PM Knitting, Crochet, Needle Work, etc	20	21 12:30PM Bowling	22	23 10AM Chair Yoga at the Manor House	24 7PM Dance Party
	Martin Luther King Jr's Birthday					
25	26 6:30PM Knitting, Crochet, Needle Work, etc	27	28 12:30PM Bowling	29	30 10AM Chair Yoga at the Manor House	31